

## HOW TO REQUEST SAFETY VIDEOS

Carolina Casualty and its Loss Prevention Department is pleased to offer its broad spectrum of safety videos available through our office in Jacksonville, Florida. The safety videos in our library are produced by the Nation's leading safety program producers and are available to you on a free loan basis as a valued added service provided only to Carolina Casualty policyholders. After selecting the appropriate video(s), you have several options. Either call us (i.e. the Loss Prevention Department) toll-free at (800) 874-8053 ext. 7020; you may contact your Loss Prevention Rep, or complete the attached order form and mail it to the address located on the order form itself. Please keep the following guidelines in mind when ordering:

Please provide us with your name and title, the name of your company, mailing address with zip code, the title of the selected video(s) and the selected show date(s).

Each of the videos is available to you on a free loan basis for a maximum of **fourteen (14) days**.

The videos may be requested a maximum of **two (2) months** in advance of your show date.

If possible, videos must be requested at **least five (5) days** in advance of your scheduled show date to allow us an adequate amount of time for mailing since shipping and handling time must be considered.

Please limit the number of videos you are requesting for any given show date to no more than **two (2)**.

Using equipment that is not operating properly can cause damage to a video. Before a video is shown, please check to see that your VCR or DVD player is in good working condition.

If any one of the above guidelines cannot be met, then please let us know so that we may make special arrangements. However, because of the heavy demand on our videos coupled with the effort to provide a timely service to all of our policyholders, we would sincerely appreciate your cooperation following the above guidelines.

## SHIPPING AND RETURNING OF SAFETY VIDEOS

All materials will be shipped via an express delivery service (UPS/Fed-Ex). Policyholders are requested to return materials via an express delivery service that will provide full insurance for the value of the safety videos; otherwise, the policyholder assumes full responsibility for replacement cost of the lost materials. Please contact our office if materials are going to be returned late so that adjustments in the schedule can be made.

## DISCLAIMER

While the information contained in the safety videos is believed to be reliable and correct, Carolina Casualty makes no warranty, express or implied, with respect to the accuracy of any information, methods, or processes disclosed. In addition, Carolina Casualty Insurance Company does not assume any liability or responsibilities express or implied, with respect to the use of any information, methods, or processes disclosed in these programs.

## SAFTY VIDEO REQUEST FORM

This form is designed to assist you in requesting safety videos. Please feel free to make copies of it for your convenience, and then refer to the safety video usage information page in the front of this list to complete ordering information. If you have questions regarding requests of videos, please contact Peg Kirby, Loss Prevention Department at (800) 874-8053 ext. 7020, and I will be happy to assist you.

Simply fill out the request sheet and mail it to Carolina Casualty Insurance Company, Loss Prevention Department, 4600 Touchton Road East, Bldg. 100, Suite 400, Jacksonville, FL 32246, or FAX it to us at (904) 363-8098. You will be notified of the availability of the safety video(s) you have requested.

Video No	Video Title	Dates Needed	
		From:	To:

### Alternate

Video No	Video Title	Dates Needed	
		From:	To:

### SHIPPING INFORMATION

**Company Name:** \_\_\_\_\_

**Your Name & Title:** \_\_\_\_\_

**Shipping Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Fax Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

## Loss Prevention Safety Video/DVD Library

1. **Speed & Space Management** - (VHS & DVD) covers driving too fast; driving too fast for weather and road conditions, following and stopping distances, handling tailgaters and how thoughtful speed and space management affects your ability to perceive and deal with hazards. It also drives home the costs - all the costs - of excessive speed and failing to maintain an appropriate space cushion. (11 min.)
2. **Accident Procedures** - (VHS) instructs drivers on the 7 steps they can take in the event of an accident - from the moment of the accident until the arrival of law enforcement. Also covers how to report and document the accident. (20 min.)
3. **Vehicle Inspections** - (VHS) takes drivers through the inspection process and helps remind them of the importance of regular and thorough inspections. (12 min.)
4. **Driving Techniques** - (VHS & DVD) reviews proper approach to turns, merging, changing lanes, passing, low underpasses and railroad crossings. Introduces defensive driving to new drivers, and serves as a wake-up call to complacent veterans who need to be reminded that sometimes it's the most routine things that cause the biggest problems out on the road. (11 min.)
5. **Emergency Maneuvers** - (DVD) teaches drivers that evasive driving skills need to be developed and constantly refined, so that when faced with a sudden hazard the correct choice is second nature. This program addresses the best ways to handle roadway emergencies using defensive driving, hazard perception and prevention techniques, escape routes and more. (19 min.)
6. **Driver Fatigue** - (VHS) covers the effects of fatigue on drivers, the dangers of driving tired, the need for quality sleep and how to avoid fatigue on the road. (7 min.)
7. **Truck Stop Accidents** - (VHS) reminds drivers of the need to be extra safety conscious when entering, backing, parking and exiting truck stop lots, and also covers what kinds of hazards to be on the lookout for. (7 min.)
8. **Yard Spotting** - (VHS) reviews safe and efficient operation of yard tractor and day cab. Covers basic skills related to backing, coupling and uncoupling and proper use of mirrors and hydraulic fifth wheel. (7 min)
9. **Defensive Driving** - (VHS) gives an overview of the critical elements of defensive driving - visual scanning, identifying and dealing with road hazards and communicating with other drivers. (7 min.)
10. **Road Rage** - (VHS) gives tips on how to stay calm and in control during road rage incidents and tells what to do when confronted by an angry motorist. (7 min.)
11. **Traffic** - (VHS) discusses how to avoid heavy traffic and how to stay safe and calm in congested traffic situations. (7 min.)
12. **At the Scene** - (VHS) explains what to do - and what not to do - after an accident. Emphasizes keeping emotions under control. (7min.)

13. **Seeing Hazards** - (VHS) zeros in on seeing skills and how they can help drivers keep hazards from becoming emergencies. Aiming high, scanning and other techniques are covered. (7 min.)
14. **Truck Fires** - (VHS) examines causes, prevention and what to do in case of fire. Cab, engine, tire and cargo fires are all addressed. (7 min.)
15. **Extreme Weather Driving** - (VHS & DVD) provides guidelines for driving safely in potentially deadly conditions such as snow, ice, rain, fog and high winds. For most drivers, dealing with the various forms of extreme weather is common, but it's these conditions that can put drivers in the gravest danger. (14 min.)
16. **Night Driving** - (VHS) looks at driver, roadway and vehicle factors that can lead to potential hazards. Procedures and adjustments for safer night operation are recommended. (10 min.)
17. **Coupling & Uncoupling** - (VHS) provides a review of crucial procedures in step-by-step fashion. The emphasis is on areas where problems - some of them very costly - are encountered. (22 min.)
18. **Backing Techniques** - (DVD) - covers the basic elements of backing, types of backing maneuvers, common errors and problem areas. It also reminds drivers that getting out of their cabs and looking for hazards - on all sides, above and below their rigs, as well as behind - is one of the simplest, yet most effective, ways to ensure a safe back every time, every run. (16 min.)
19. **Hours of Service - A Driver's Guide** (VHS & DVD) - a video based training program designed to help new and veteran drivers understand logging requirements and how to stay in compliance with the 11, 14 and 60/70 hour rules.
20. **Rollover** - (VHS) covers the situations that can lead professional drivers to experience a rollover. (7 min.)
21. **Speed & Space Management (Straight Trucks)** - how to manage your speed and maintain a cushion around your vehicle, following distance, stopping distance and other speed and space management considerations. (10 min.)
24. **Road Work** - (VHS) reviews how and why drivers need to manage their vehicles in and around road construction areas, including what kinds of special hazards to be ever on the lookout for. Actual footage through work zones combines with exciting animation and interviews for a powerful training experience. (7 min.)
25. **Danger** - (VHS) program illustrates the temptations (sex and drugs) and physical dangers (assault, hijacking, or worse) many professional drivers face every day. Memorable footage of "close encounters" combined with eye-grabbing graphics and insightful interviews make for an unforgettable training session. (7 min.)

26. **Flatbed Cargo Securement (2<sup>nd</sup> Edition)** - (DVD) this training kit covers securement requirements for flatbeds, low-boys and other specialized exposed-load trailers, and reminds your drivers that safety is their first and foremost responsibility. (23 min)

27. **Mountains** - (VHS) program explains why drivers must be prepared to ascend and descend steep grades safely, how to deal with brake fade and failure, and how to avoid specific hazards that are typical in mountain driving situations. Computer-generated animation and real world interviews combine to drive the message home. (7 min.)

28. **Fixed Object Collisions** - (DVD) fixed object collisions are the #1 type of crash for many companies. They appear to be easily preventable....so why do fixed object collisions continue to occur? This program shows drivers that it takes a solid combination of skill, awareness and attitude to avoid these types of crashes. (23 min.)

29. **Safety Issues** - (VHS) focuses on three areas where recognition skills are the most critical: distracted driving, road rage and security. These are issues that, left unchecked, can compromise not only the safety of everyone on the road, but the general public as well. It also challenges drivers to examine their own driving habits...are they part of the solution, or the problem? (20 min.)

30. **Rear End Collisions** - (DVD) rear end collisions are the most expensive - and often the most devastating - types of crash in terms of dollars, damage and injury. And, almost all rear end collisions that occur could be prevented. This program covers how and why rear end collisions typically happen and what drivers can and should do to be more aware of the potential circumstances and factors that surround this type of crash - and how to avoid them. (19 min.)

31. **Pattern Driving** - (DVD) addresses an automatic or autopilot state of driving; the phenomenon known as highway hypnosis and simple, everyday complacency. This program is targeted first at the veteran driver, whether long haul or route driving, and it addresses ways drivers can fight habitual driving behaviors and the actions (sudden stopping, changing lanes too quickly, fixed object collisions, rear end collisions) that happen when coming out of a driving daze due to pattern driving. (19 min.)

32. **Slips, Trips & Falls Training Kit** - (VHS) thousands of serious injuries occur each year while drivers are performing "routine" activities (such as climbing out of the truck. . . checking the rear door . . .cleaning the windshield. . .working around the docks, etc.). This video alerts drivers to the dangers they face, and provides advice for staying safe. The video shows actual trailer and dock situations, highlighting where the risks are and demonstrating safe practices drivers can implement. (15 min.)

33. **Introduction to Compliance Review** - (DVD) carrier compliance reviews have a tremendous impact on the commercial vehicle industry. Hear why conducting effective compliance reviews (CR's) will have a positive impact on safety. (11 min.)

34. **Good Intentions - Looking for False Logbooks** - (DVD) the log book is a key component to commercial vehicle traffic safety. The amount of attention you're willing to give a log book will directly affect what you learn about the driver. (19 min.)
35. **The Pursuit of Excellence 2007** - (DVD) commercial vehicle inspectors from across the country talk about their experiences as the "frontline of safety" for commercial highway transportation. The Pursuit of Excellence allows the viewer to meet the men and woman that make a huge difference in highway safety on a daily basis. (10 min.)
36. **Passenger-Carrying Vehicle Inspection** - (DVD) this video describes the entire procedure, from pre-planning to the CVSA sticker. You will look at all of the details that make a bus inspection different from other commercial vehicles. (17 min.)
37. **The Hidden Truth** - (DVD) driver fatigue is considered a major factor in commercial vehicle caused accidents. A thorough inspection of the driver's paperwork, load information, and logbook are just as important to the safe operation of the vehicle as verifying that the brakes are properly adjusted. (12 min.)
38. **Advancements In Braking Technology & Wheel and Rim Inspection** - (DVD) viewers will see how components operate within their respective braking system and learn important dates that inspectors need to know when checking for compliance and out-of-service violations. The DVD also contains the procedure for the wheel and rim inspection. (12 min.)
39. **The Safety Equation** - (DVD) take away the trucking industry for even one day, and we would find ourselves in a tough spot. The Safety Equation takes a hard look at the safeguards that exist to ensure that commercial vehicles are operated safety and responsibly. (28 min.)
40. **Partners in Safety** - (DVD) the Commercial Vehicle Safety Alliance is a partnership between industry personnel and enforcement personnel. Hear from the members themselves how working together creates a successful plan for safety. (12 min.)
41. **The Safety Zone** - (DVD) designed for driver education students. The Safety Zone takes the "share the road" message to brand new drivers. This program addresses important issues ALL drivers should know, such as blind spots, safe driving distances, the difference in weight between trucks and 4-wheelers and much more. (26 min.)
42. **Truck Stops** - (DVD) additional officer safety issues arise with a vehicle that is heavier, larger and sits higher than the typical passenger vehicle. Produced in cooperation with the International Association of Chiefs of Police, this video gives practical, perhaps life-saving, tips and examples that officers can follow while performing commercial vehicle stops. (9 min.)

43. **Ready to Roll** - (DVD) pre-trip and post-trip inspections give the driver a much better chance of controlling the environment where defective equipment could fail. This ensures that vehicles will continue in operation making, not costing, the company money. Pre-trip and post-trip inspections are more than requirements, they make common business sense. (15 min).
44. **Weight Shift** - (DVD) - to what degree does the weight of your load effect the braking system of your truck? Which brakes are most responsible for stopping a commercial motor vehicle during an emergency braking situation? See for yourself how far a little extra weight can push a truck that has been locked into a full skid at 35mph. (10 min.)
45. **North American Standard Inspection Procedure** - (DVD) commercial vehicle inspectors with basic information necessary to conduct critical item Level One Inspections. (25 min).
46. **North American Standard Level VI** - (DVD) the transportation of radioactive waste over public highways is a real and ongoing concern. This DVD contains all 3 Level VI videos: Introduction to radiation; Level VI Radiological Inspection Procedure; and Level VI Enhancements.
47. **Inspecting Van and Open-Top Trailers** - (DVD) open-top van trailers represent a large number of trailer units in commercial vehicle traffic. During a North American Standard inspection, it is critical that inspectors look for defects to these trailers. (10 min.)
48. **Inspecting MC-331 Cargo Tanks** - (DVD) fittings, valves and piping...Oh My! What exactly is an inspector to do with a high-pressure cargo tank in transit? Walk step-by-step through a North American Standard Level One Cargo Tank inspection. (15 min.)
49. **Inspecting 400 Series Cargo Tanks** - (DVD) 400 series cargo tanks are common among haulers of gasoline and industrial chemicals. This program demonstrates the Commercial Vehicle Safety Alliance 10-step procedure used for inspecting cargo tanks. It also points out the other cargo tanks that may be seen during roadside inspections. (14 min.)
50. **North American Standard Level III Driver-Only Inspection** - (DVD) studies show that routine safety inspections have increased the number of safe miles driven on our highways. The level 3 inspection ensures that the driver is following all of the regulations that relate to driving commercial vehicles. (20 min.)

51. **Specific Properties of D.O.T Hazardous Materials Classes** - (DVD) emergency responders face many unknowns at incidents involving hazardous materials. This series of programs will give you an overview of some important properties associated with the materials under the US DOT hazardous materials classification. The more informed you are going into an incident, the better chance you have of making correct decisions when lives are on the line.
52. **Using The Emergency Response Guidebook** - (DVD) know the proper way to use the 2004 Emergency Response Guidebook. You will be able to get important information that allows you to take the first and most important steps to protect yourself and everyone involved in the incident. (9 min.)
53. **Sam Scram Presents Series** - (DVD) Hazmat for Anyone: noted hazardous materials expert Sam Scram, the Hazmat Man is your tour guide for an introductory look at: the importance of hazmat in a modern society, hazmat around the house, the hazardous materials classification and communication system, and where to look for the rules that govern hazardous materials. (15 min.) Hazmat for Patrol: learn what communications requirements that a vehicle carrying hazmat must have, the shapes of vehicles that typically carry hazmat, and the extra things that a hazmat vehicle driver must carry. (10 min.) Hazmat for Responders: this program shows first responders the potential dangers that exist when hazmat is present, how they can be hurt, the six clues that will tip you off to the presence of hazardous materials, and finally, what to do if you find it. (10 min.)
54. **Hazardous Waste Essentials** - (DVD) proper management and disposal of hazardous wastes are essential to protect us and our environment. Learn what you should know about wastes and where to turn for answers.
55. **Code Classics** - (DVD) hazardous materials inspection is a tricky business. There is only one way to make it happen. Know your Code of Federal Regulations. This program presents general safety rules and many specific code references that you will find useful when conducting a Hazardous Materials Inspection. (34 min.)
56. **Hazardous Materials Training Requirements** - (DVD) covers the general expectations that the government has of your hazmat employees. It will tell you who needs to be trained, how often they need training and what sort of record keeping is required. There are also some suggestions for finding quality training and training materials. (8 min.)
57. **Impaired** - (DVD) the things commercial vehicle drivers say and do during a routine inspection can be key indicators of possible use of controlled substances. See the indicators that lead busy inspectors to believe a driver may be impaired. (17 min.)

58. **Something for Jamie** - (DVD) 4-year old Jamie Lee Burke was killed in 1994 when a commercial truck driver under the influence of alcohol slammed into the car in which she was riding. The truck driver had previously been cited for operating a commercial vehicle under the influence, but was not suspended. This program shows every commercial vehicle enforcement officer the critical importance of their job. (10 min.)
59. **Too Much to Lose** - (DVD) designed to assist companies faced with confronting substance abuse in the workplace. This program serves primarily as a discussion starter for a motor carrier's employee assistance program. (22 min.)
60. **Preventing Disaster at the Crossing** - (DVD) this program is a wakeup call for school bus drivers. Viewers are taken to Greeley, Colorado, site of the worst train/school bus disaster in U.S. history. The National Safety Council's ten-step procedure for safer bus driver actions at rail-highway crossings is included. Recommended viewing for all school bus drivers and others involved in student transportation. (18 min.)